DermaGlow
MEDSPA

EZ Gel *Aftercare*

Caring for yourself after EZ Gel

EZ Gel is a natural, plasma-based volumizer made from your own blood. Some swelling, bruising and tenderness are normal and settle over the next 1 to 2 weeks.

What to *expect*

When	What is normal
First 1 to 3 days	Swelling, redness, tenderness and possible bruising.
Days 3 to 14	Swelling and bruising fade. The area may feel slightly firm at first.
About 2 to 4 weeks	Your natural-looking result settles.
Your series	Your provider will recommend whether more sessions are right for you.

The first few *days*

Please do	Please avoid
• Leave the area alone for at least 6 hours: no washing, products or makeup. • Apply a cool compress gently for short periods for comfort. • Sleep with your head slightly raised the first night. • Tylenol may be used for discomfort if it is appropriate for you.	• Touching, pressing, rubbing or massaging the area for at least 8 hours, and massaging until cleared. • Ibuprofen, aspirin and similar pain relievers for 2 weeks, unless prescribed by your doctor. Do not stop any prescribed medication without asking your doctor. • Vigorous exercise, sun and heat exposure for 3 days. • Alcohol for 24 hours.

Call us right away, any time, if you notice skin turning white, gray, blue or blotchy; pain that is severe or getting worse; or any change in vision. For vision changes, call 911 or go to the emergency room.

When to *call us*

Some redness and swelling right after treatment are normal. Please call DermaGlow at 703-288-3000 if you notice:

- Swelling that keeps increasing after 48 hours
- Hard, painful or red lumps
- **Signs of infection:** warmth, pus or fever
- Any of the urgent warning signs listed above

Call 911 or go to the nearest emergency room right away for trouble breathing, or swelling of the lips, tongue or throat.

Your provider may also share instructions specific to your treatment. If so, please follow those along with this guide. Questions? Call DermaGlow at 703-288-3000.