DermaGlow
MEDSPA

Facial *Aftercare*

Keeping skin calm, clear and glowing

Your facial was customized for your skin. A few simple steps over the next couple of days help your results last.

What to *expect*

When	What is normal
Right away	Skin looks refreshed. Mild pinkness can last a few hours.
After extractions	Small pink or tender spots usually fade within 1 to 2 days.
Acne Facial	A few breakouts may surface over the next week as congestion clears. This is normal.
Ongoing	Monthly facials keep your glow consistent.

The next 48 *hours*

Please do	Please avoid
• Cleanse gently and moisturize with the products your esthetician recommends. • Apply broad-spectrum SPF 30 or higher every day. • Use a clean pillowcase and keep your phone screen clean. • Keep hands away from your face.	• Retinol, tretinoin, acids, scrubs and exfoliants for 48 hours. • Picking, squeezing or popping blemishes. • Saunas, steam rooms and heavy sweating for 24 hours. • Waxing or other facial treatments for 48 hours. • Heavy makeup for the rest of the day if you had extractions.

When to *call us*

Some redness and swelling right after treatment are normal. Please call DermaGlow at 703-288-3000 if you notice:

- Redness, burning or irritation lasting more than 48 hours
- Swelling, hives or a rash
- A painful, swollen or spreading blemish

Call 911 or go to the nearest emergency room right away for trouble breathing, or swelling of the lips, tongue or throat.

Your provider may also share instructions specific to your treatment. If so, please follow those along with this guide. Questions? Call DermaGlow at 703-288-3000.