DermaGlow
MEDSPA

AFTERCARE INSTRUCTIONS

HYDRAFACIAL · EXPRESS · DELUXE · PLATINUM

Hydrafacial *Aftercare*

Keeping your glow after your treatment

Hydrafacial cleanses, exfoliates, extracts and hydrates in one gentle treatment with no downtime. These tips help your glow last.

What to *expect*

When	What is normal
Right away	Skin looks fresh, plump and hydrated. Mild pinkness may last an hour or two.
Platinum and extractions	Small pink spots where pores were cleared usually fade within a day.
Next few days	Skin feels smoother. Some clients notice a few small breakouts as pores clear.
Monthly	Regular treatments keep your results consistent.

The next 24 to 48 *hours*

Please do	Please avoid
• Use a gentle cleanser and moisturizer.	• Retinol, tretinoin, acids and exfoliants for 48 hours.
• Apply broad-spectrum SPF 30 or higher every day.	• Scrubs, waxing or other facial treatments for 48 hours.
• Drink plenty of water.	• Saunas, steam rooms and heavy sweating for 24 hours.
• Wait a few hours before makeup if you can, so skin can absorb the serums.	• Picking at any breakouts.

When to *call us*

Some redness and swelling right after treatment are normal. Please call DermaGlow at 703-288-3000 if you notice:

- Redness, burning or irritation lasting more than 24 hours
- Swelling, hives or a rash
- Breakouts that are painful or spreading

Call 911 or go to the nearest emergency room right away for trouble breathing, or swelling of the lips, tongue or throat.

Your provider may also share instructions specific to your treatment. If so, please follow those along with this guide. Questions? Call DermaGlow at 703-288-3000.