IV Therapy & Shots *Pre-Care*

Getting ready for your wellness visit

A little preparation makes your visit comfortable and your vein easier to find.

Before your *visit*

- Eat a meal or snack within a few hours of your visit.
- Drink plenty of water the day before and the day of.
- Wear a top with sleeves that roll up easily.
- IV therapy takes about 30 to 60 minutes, so bring something to read or relax with.

Please call us *first*

Call DermaGlow at 703-288-3000 before your visit if any of these apply. We may adjust your plan or find a better date:

- You are pregnant, trying to become pregnant or breastfeeding
- You have a cold sore, rash, breakout, cut or infection in the treatment area
- You feel sick, have a fever or have started a new medication or antibiotic
- You have kidney, liver or heart conditions, or high blood pressure
- You have allergies to any vitamins, medications or latex

Never stop a prescribed medication, including daily aspirin or blood thinners, without approval from the doctor who prescribed it.

Your provider will review your health history before treatment and may share instructions specific to you. If so, please follow those along with this guide. Questions? Call DermaGlow at 703-288-3000.