DermaGlow
MEDSPA

AFTERCARE INSTRUCTIONS

GENTLEMAX PRO® BY CANDELA

Laser Hair Removal *Aftercare*

Smooth results, session after session

Laser hair removal targets the hair follicle to reduce growth over a series of sessions. Most clients see their best results after 6 sessions.

What to *expect*

When	What is normal
First few hours	Redness and swelling around follicles, like tiny bumps. Usually settles within a couple of hours.
Up to 2 to 3 days	Some areas may stay pink or feel like a mild sunburn.
Days 5 to 20	Treated hairs shed. This can look like new growth, but it is not.
Your series	Hair grows in cycles, so a series is needed. Packages of 6 save 20%.

The first 24 *hours*

Please do	Please avoid
• Apply a cool compress or wrapped ice pack for comfort.	• Hot tubs, saunas, hot showers and heavy sweating.
• Wash gently with cool or lukewarm water and pat dry.	• Deodorant on treated underarms.
• Use a soothing gel such as aloe vera if the area feels warm.	• Scrubs, abrasive cleansers and exfoliants for a few days.
• Makeup is okay unless there is blistering.	• Picking or scratching the treated area.

Between *sessions*

- **Shave only.** No waxing, plucking, threading or hair-removal creams, which remove the root the laser needs.
- **Protect from sun.** Apply broad-spectrum SPF 30 or higher on exposed areas, and avoid tanning and self-tanner for 2 weeks before and after each session.
- **Keep your schedule.** Your provider will space sessions based on the area treated.

When to *call us*

Some redness and swelling right after treatment are normal. Please call DermaGlow at 703-288-3000 if you notice:

- Blisters, crusting or open skin
- Redness, swelling or pain that gets worse after 48 hours
- Darkened or lightened patches of skin
- **Signs of infection:** pus, spreading warmth or fever

Call 911 or go to the nearest emergency room right away for trouble breathing, or swelling of the lips, tongue or throat.

Your provider may also share instructions specific to your treatment. If so, please follow those along with this guide. Questions? Call DermaGlow at 703-288-3000.