MOXI Laser *Aftercare*

Your guide to healing beautifully after your MOXI treatment

MOXI creates tiny treatment zones that bring old pigment and dull skin to the surface so fresh, brighter skin can replace it. The steps below help you heal comfortably and get the best results.

What to *expect*

When	What is normal
Day of treatment	Warmth for 1 to 2 hours, sometimes up to 12 to 24 hours. A cool compress or mineral water mist helps.
Up to 7 days	Pinkness or redness, depending on treatment intensity.
Days 2 to 4	Swelling, most noticeable the first morning and under the eyes. Sleep slightly upright for 2 to 3 nights.
Days 2 to 7	MENDs: tiny dark dots and a bronzed, sandpaper feel that flake away on their own. Brighter, smoother skin follows, usually by days 5 to 7.

Your daily *routine*

- **Cleanse.** Twice a day starting the morning after, with lukewarm water and a gentle cleanser. Use your hands and soft patting motions. No scrubs, exfoliants or cleansing brushes.
- **Moisturize.** Generously with clean hands whenever skin feels dry. Use only the products your provider recommends.
- **Protect.** Mineral, broad-spectrum SPF 30 or higher every day starting the day after treatment, for up to 3 months. Reapply outdoors and wear a wide-brimmed hat for 1 month.

Helpful *tips*

- Wear makeup only after 24 hours.
- Avoid strenuous exercise and sweating for at least 24 hours. Gently pat away sweat.
- Avoid hot tubs, saunas and steam rooms until your skin has healed.
- Pause retinol, tretinoin, acids, vitamin C and exfoliants until skin has fully healed, usually about 7 days.
- Let MENDs and flaking shed on their own. Do not pick, scratch or scrub.
- If an antiviral was prescribed, take it exactly as directed.
- For discomfort, an over-the-counter pain reliever such as Tylenol may be used if it is appropriate for you.

When to *call us*

Some redness and swelling right after treatment are normal. Please call DermaGlow at 703-288-3000 if you notice:

- Excessive swelling
- Drainage that looks like pus
- Increasing warmth, pain or redness at or around the treated area
- Blisters, open sores or a cold sore outbreak
- Fever
- Extreme itching

Call 911 or go to the nearest emergency room right away for trouble breathing, or swelling of the lips, tongue or throat.

Your provider may also share instructions specific to your treatment. If so, please follow those along with this guide. Questions? Call DermaGlow at 703-288-3000.