MOXI Laser *Pre-Care*

Getting your skin ready for your MOXI treatment

A little preparation helps MOXI work beautifully and keeps your skin safe. Your provider may adjust these timelines for you.

Your *countdown*

When	What to do
2 to 4 weeks before	Avoid sun, tanning beds and sunburn. Use broad-spectrum SPF 30 or higher every day. Stop self-tanner.
1 to 2 weeks before	No waxing, threading, peels or other laser treatments on the area unless your provider planned them.
3 to 5 days before	Pause retinol, tretinoin, acids, benzoyl peroxide and scrubs on the area.
Day of treatment	Arrive with clean skin. Numbing cream may be applied first, so allow extra time.

On the *day*

- **Arrive with clean skin.** No makeup, lotion, sunscreen, perfume or self-tanner on the area.
- Bring a wide-brimmed hat and mineral SPF to wear home.
- If you have ever had cold sores, tell us before your visit. An antiviral may be prescribed. Take it exactly as directed.

Please call us *first*

Call DermaGlow at 703-288-3000 before your visit if any of these apply. We may adjust your plan or find a better date:

- You are pregnant, trying to become pregnant or breastfeeding
- You have a cold sore, rash, breakout, cut or infection in the treatment area
- You feel sick, have a fever or have started a new medication or antibiotic
- You have used Accutane (isotretinoin) in the past 6 months
- You are tanned or sunburned

Never stop a prescribed medication, including daily aspirin or blood thinners, without approval from the doctor who prescribed it.

Your provider will review your health history before treatment and may share instructions specific to you. If so, please follow those along with this guide. Questions? Call DermaGlow at 703-288-3000.