DermaGlow
MEDSPA

AFTERCARE INSTRUCTIONS

DAXXIFY® · BOTOX® · DYSPORT®

Neurotoxin *Aftercare*

After your wrinkle relaxer treatment

Your wrinkle relaxer softens expression lines by relaxing the muscles that cause them. Results appear gradually over several days, and these simple steps help them settle exactly where intended.

What to *expect*

When	What is normal
Right away	Small bumps at injection sites fade within about 30 minutes. Mild redness or tenderness is normal.
First few days	A small bruise or a mild headache can happen and usually fades on its own.
Days 2 to 7	You will start to notice lines softening. Full results take about 2 weeks.
Lasting results	Results typically last about 3 to 4 months. Daxxify may last longer for some clients.

The rest of your treatment *day*

Please do	Please avoid
• Stay upright for 4 hours after treatment. • Gently use the treated muscles, such as frowning or raising your brows, if your provider suggested it. • Apply a cool compress gently, without pressing, if you have tenderness. • Makeup is okay after a few hours, applied gently.	• Rubbing, massaging or pressing the treated areas for 24 hours. • Lying down or bending over for 4 hours. • Strenuous exercise, saunas and hot tubs for 24 hours. • Facials, massages or tight hats and headbands for 24 hours. • Alcohol on the day of treatment, which can increase bruising.

Your *follow-up*

- **Give it 2 weeks.** If an area feels uneven after 2 weeks, call us so your provider can assess it.
- Keep track of when you were treated so you can book your next visit before results wear off.

Important safety information from the manufacturers: get medical help right away if, at any time (hours to weeks) after treatment, you have trouble swallowing, speaking or breathing; all-over muscle weakness; double or blurred vision; drooping eyelids; hoarseness or change in voice; trouble saying words clearly; or loss of bladder control.

When to *call us*

Some redness and swelling right after treatment are normal. Please call DermaGlow at 703-288-3000 if you notice:

- A drooping eyelid or brow, or an uneven smile
- Swelling, bruising or pain that is getting worse
- Hives, rash or itching
- Any of the safety symptoms listed above. Call 911 for trouble breathing or swallowing.

Call 911 or go to the nearest emergency room right away for trouble breathing, or swelling of the lips, tongue or throat.

Your provider may also share instructions specific to your treatment. If so, please follow those along with this guide. Questions? Call DermaGlow at 703-288-3000.