Ultherapy PRIME *Pre-Care*

Getting ready for your non-surgical lift

Ultherapy PRIME needs very little preparation. These tips help your visit feel as comfortable as possible.

Before your *visit*

- Eat a light meal and drink water beforehand.
- If your provider recommends it, take an over-the-counter pain reliever before your visit as directed.
- Plan about 60 to 90 minutes for most face and neck treatments.
- No downtime is needed, so you can plan your day as usual.

On the *day*

- **Arrive with clean skin.** No makeup, lotion or sunscreen on the area.
- Remove jewelry from the treatment area.

Please call us *first*

Call DermaGlow at 703-288-3000 before your visit if any of these apply. We may adjust your plan or find a better date:

- You are pregnant, trying to become pregnant or breastfeeding
- You have a cold sore, rash, breakout, cut or infection in the treatment area
- You feel sick, have a fever or have started a new medication or antibiotic
- You have an open wound, severe acne or a skin condition in the area
- You have a pacemaker or other implant in the area

Never stop a prescribed medication, including daily aspirin or blood thinners, without approval from the doctor who prescribed it.

Your provider will review your health history before treatment and may share instructions specific to you. If so, please follow those along with this guide. Questions? Call DermaGlow at 703-288-3000.